

Protect yourself and those you love

Despite what the Mosquito Control District would like you to think, the pesticides used in this aerial spraying can be harmful to health, animals, and property.

Take precautions:

- ✓ Stay indoors (including pets).
- ✓ Close windows.
- ✓ Turn off cooling systems, including swamp coolers.
- ✓ Cover vegetable gardens, evaporative coolers, children's play areas, and fish ponds from 6pm to 10 or 11am. (Remove covers over vegetable gardens and fish ponds during the day and replace the next evening before the next spray event.)
- ✓ Remove shoes before entering your home. (These poisons can persist indoors for well over 2 months. Try to avoid tracking pesticide residue into your carpet where children and pets will pick it up on their skin and ingest it.)
- ✓ Wash off the entire landscape (including driveways and sidewalks) with water every morning after spraying. This will reduce your immediate exposure and lower risk of tracking it indoors. Note that this will wash the pesticides into local waterways where a recent study shows it will double the toxicity of pesticides already present. We should not have to choose between having the toxin in our landscape and home or in the local streams.

File a claim:

If you feel you have been harmed in any way by the aerial spraying, fill out a claim form (available at <http://www.organicsacramento.org/westnilevirus.html>).

1. Please fill out your personal contact information
2. Be as detailed as possible when describing any injuries to you, your pets, your children, your garden, etc.
3. Please sign the form and send it in as soon as possible to Dave Brown/
SYMVCD, 8631 Bond Road, Elk Grove, CA 95624.
4. In order to have an independent record, please send a copy of your claim to Pesticide Watch, 1107 9th St, Suite 601, Sacramento, CA 95814.

Take Action!



- ✓ If you live in Sacramento County, please contact your County Supervisor: 916-874-5411; <http://www.bos.saccounty.net>
- ✓ If you live in Sacramento City, please contact your City Council Members: 916-808-5407; <http://www.cityofsacramento.org/council/>
- ✓ If you have any questions, please contact Paul Schramski at the Pesticide Watch Education Fund at 916.551.1883 or paul@pesticidewatch.org.

- ✓ For more information and to get involved to stop future spraying, contact Organic Sacramento, 916 455-8415, or go to <http://www.organicsacramento.org>.

Recognize the symptoms:*

Headache
Nausea
Dizziness
Sweating
Salivation
Sneezing
Skin Irritation
Burning
Itching
Rashes
Tingling
Numbness
Weakness
Trembling
Lack of Coordination
Vomiting
Abdominal Cramps
Blurred Vision
Sore Throat
Irritability
Diarrhea
Labored Breathing
Tearing
Eye Irritation
Fever
Anaphylaxis
Sweating
Swelling
Asthma
Convulsions
Chest Pain
Heart Failure
Coma

*This is a partial list of the symptoms of exposure to pyrethrin and PBO (the main ingredients of Evergreen 60-6, the pesticide being sprayed on our community). Unfortunately, 34% of the ingredients in this pesticide formulation are not known so we don't know if they are toxic.

Note: Pyrethroids are suspected carcinogens. They may cross the placenta to the fetus. Infants are not able to efficiently break down pyrethrum and so are more susceptible to poisoning.